Justin’s Journey: The Benefits of the preNOURISH Study for NICU Infants and Families

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NACHHD Council Meeting
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Our Family
Our “Bumpy Road” to Childbirth

• Pregnancy #1 required three years of “preparation”
  • Mom: Myomectomy
  • Dad: Kallmann Syndrome, Hormone therapy and surgery

• Countless injections...but we remained prayerful and hopeful!
Facing Uncertainty

- Pregnancy #2 – Preeclampsia diagnosis at 28 weeks
- Delivery 4 days after a routine prenatal visit
- Born at 3 lbs. and 3 oz.
How the preNourish Study Served as a Lifeline in the NICU

• Helped to enhance Justin’s ability to thrive
• Helped to combat feelings of helplessness
• Gave us an opportunity to actively participate in Justin’s care
• Gave greater peace of mind knowing that he is receiving quality care
Why we said “Yes” to the Study?

• Wonderful, patient, and attentive study team members
• Opportunity to be a (small) part of improving outcomes for infants across the country (and world)
• Studies need participants from all backgrounds
• Rigor of the IRB process
• Brigham & Women’s Hospital is well known for cutting-edge medical research
1 week old
First Day Home

2 months (6 lbs.)
7 months
15 months
First Day of Montessori School

19 mo. (28 lbs.)