



Justin's Journey:
The Benefits of the
preNOURISH Study
for NICU Infants
and Families

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Our Family



Our “Bumpy Road” to Childbirth

- Pregnancy #1 required three years of “preparation”
 - Mom: Myomectomy
 - Dad: Kallmann Syndrome, Hormone therapy and surgery
- Countless injections...but we remained prayerful and hopeful!

Facing Uncertainty

- Pregnancy #2 – Preeclampsia diagnosis at 28 weeks
- Delivery 4 days after a routine prenatal visit
- Born at 3 lbs. and 3 oz.



How the preNourish Study Served as a Lifeline in the NICU

- Helped to enhance Justin's ability to thrive
- Helped to combat feelings of helplessness
- Gave us an opportunity to actively participate in Justin's care
- Gave greater peace of mind knowing that he is receiving quality care

Why we said “Yes” to the Study?

- Wonderful, patient, and attentive study team members
- Opportunity to be a (small) part of improving outcomes for infants across the country (and world)
- Studies need participants from all backgrounds
- Rigor of the IRB process
- Brigham & Women’s Hospital is well known for cutting-edge medical research



1 week old

First Day Home



2 months (6 lbs.)



7 months



15 months

First Day of Montessori School



19 mo. (28 lbs.)