

Validity of the Gaussian phase approximation (GPA): Analytical results for the constant gradient spin echo in one dimension

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Impact

We find that the GPA is more fragile than commonly assumed. The introduction of exchange-like dynamics, in particular, can lead to significant positive excess phase kurtosis. This undermines the validity of models that assume the GPA in permeable microstructure.

Synopsis

Motivation: The GPA underlies many diffusion signal models, such as temporal diffusion spectroscopy (TDS), yet its validity is rarely scrutinized.

Goals: To interrogate the GPA by analytically deriving the excess phase kurtosis, which directly quantifies non-Gaussianity in the phase distribution.

Approach: Three paradigmatic, one-dimensional systems were studied: (1) Poisson pore-hopping, (2) trapping-release with an exponentially-distributed release time, and (3) restriction. The excess phase kurtosis was derived for the constant gradient spin echo.

Results: Pore-hopping and trapping-release dynamics yield positive excess kurtosis for few hops and slow release, respectively. Restriction yields complicated behavior, with both negative (short-time) and positive (longer-time) kurtotic regimes.

Introduction

The GPA¹⁻³ posits that the spin phase distribution $P(\phi)$ has negligible higher-order cumulants. It is implied in models based on second-order motion statistics, e.g., diffusion tensor imaging (DTI).⁴ It is explicitly invoked in TDS⁵⁻⁸ and to describe motional averaging.^{2,9} While widely assumed, the GPA is rarely scrutinized, despite known cases of breakdown, such as the localization regime.¹⁰⁻¹² Various simulation studies also report significant deviations from the GPA for restriction.¹³⁻¹⁶

Understanding when the GPA is valid is essential for accurate modeling. A direct diagnostic is the excess phase kurtosis, κ_4/κ_2^2 , where κ_n denotes the n^{th} phase cumulant. Though kurtosis has been studied in the diffusional kurtosis model,^{17,18} these works were based on displacement kurtosis. Phase and displacement are not generally bijective — this holds only for (infinitesimally) narrow gradients. With finite gradients, trajectory determines phase.

We derive analytical forms of κ_4/κ_2^2 in paradigmatic, one-dimensional systems: (1) Poisson pore-hopping, (2) trapping-release with an exponentially-distributed release time, and (3) restriction. The spin echo with constant gradient amplitude¹⁹ is considered. To our knowledge, these represent the first analytical results for κ_4/κ_2^2 in non-trivial systems without assuming Gaussian compartments²⁰ and/or narrow gradients.

Basic theory

The relaxation-normalized echo signal S can be expanded as^{5,6,20}

$$\ln S = \sum_{n=1}^{\infty} \frac{i^n}{n!} \kappa_n.$$

For symmetric motion, which we assume throughout, odd cumulants vanish. The GPA corresponds to a second-order approximation, denoted

$$\ln S^{(2)} = -\frac{\kappa_2}{2} \propto -g^2,$$

where $\kappa_2 = \langle \phi^2 \rangle$, $\langle \cdot \rangle$ denotes ensemble averaging, and g is gradient amplitude. To fourth-order:

$$\ln S^{(4)} = -\frac{\kappa_2}{2} + \frac{\kappa_4}{24},$$

where $\kappa_4 = \langle \phi^4 \rangle - 3\langle \phi^2 \rangle^2$. The excess phase kurtosis is

$$\text{Kurt}(\phi) - 3 = \frac{\langle \phi^4 \rangle}{\langle \phi^2 \rangle^2} - 3 = \frac{\kappa_4}{\kappa_2^2}.$$

Finding κ_4/κ_2^2 reduces to finding phase moments. The n^{th} moment is given by an n -fold time integral over the n -point displacement correlator and $G(t)$, where $G(t)$ is the gradient waveform scaled by (proton) gyromagnetic ratio $\gamma \approx 2.675 \times 10^8 \text{ T}^{-1}\text{s}^{-1}$. Here, $G(t) = \gamma g$ for $0 \leq t \leq T/2$ and $-\gamma g$ for $T/2 < t \leq T$, where T denotes echo time; $T = 10 \text{ ms}$ throughout. Explicitly,

$$\langle \phi^4 \rangle = \int_0^T \int_0^T \int_0^T \int_0^T G(t_1)G(t_2)G(t_3)G(t_4)C(t_1, t_2, t_3, t_4)dt_1dt_2dt_3dt_4,$$

where

$$C(t_1, t_2, t_3, t_4) = \langle r(t_1)r(t_2)r(t_3)r(t_4) \rangle,$$

and

$$r(t) = x(t) - x(0)$$

is the displacement trajectory. Below, the analytical κ_4/κ_2^2 is derived for each system. For brevity, only system specifications and final results are given.

Model 1: Poisson pore-hopping

Assume $r(t)$ obeys the Poisson process:

$$r(t) = \Delta x \sum_{j=1}^{H(t)} \zeta_j,$$

where Δx is a uniform pore spacing, ζ_j are random variables taking ± 1 with equal probability, and $H(t)$ is the hop count with probability

$$P(H(t) = h) = \frac{(t/\tau_{\text{hop}})^h}{h!} e^{-t/\tau_{\text{hop}}},$$

where τ_{hop} is the mean inter-hop time. This is a simplified representation of small, periodic pores separated by weakly permeable barriers. The signal is exactly

$$\ln S = \frac{2}{\tau_{\text{hop}}} \left[\frac{\sin(\gamma g \Delta x (T/2))}{\gamma g \Delta x} - \frac{T}{2} \right],$$

and the even cumulants are

$$\kappa_n = \frac{1}{\tau_{\text{hop}}} \frac{(\gamma g \Delta x)^n T^{n+1}}{2^n (n+1)}.$$

Thus,

$$\frac{\kappa_4}{\kappa_2^2} = \frac{9}{5} \frac{\tau_{\text{hop}}}{T}.$$

See [Figure 1](#) for signal behavior.

Model 2: Trapping-release with exponentially-distributed release time

Assume spins are initially immobilized and released with diffusivity D at release time τ_{rel} , drawn from

$$P(\tau_{\text{rel}}) = k e^{-k\tau_{\text{rel}}},$$

where $k = 1/\langle \tau_{\text{rel}} \rangle$, and $\langle \tau_{\text{rel}} \rangle$ is the mean release time. This is a simplified representation of barrier-limited exchange with a free compartment. One finds

$$\langle \phi^2 \rangle = \gamma^2 g^2 T^3 D \left(\frac{1}{6} - \frac{4}{\alpha^3} \left[1 - e^{-\alpha} - \alpha e^{-\alpha/2} \right] \right),$$

and

$$\langle \phi^4 \rangle = \frac{\gamma^4 g^4 D^2 T^6}{12\alpha^6} \left(\alpha^6 + 24\alpha^4 e^{-\alpha/2} - \alpha^3 \left[48 + 432 e^{-\alpha/2} \right] + 11,520 \left[1 - e^{-\alpha} - \alpha e^{-\alpha/2} \right] \right),$$

where $\alpha = kT$. See [Figure 2](#) for κ_4/κ_2^2 and [Figure 3](#) for signal behavior. Monte Carlo simulated data are also presented.

Model 3: Restricted diffusion

Consider restricted diffusion in domain size L with well-known propagator

$$P(x, t | x_0) = \frac{1}{L} + \sum_{m=1}^{\infty} \psi_m(x) \psi_m(x_0) e^{-\lambda_m t},$$

where

$$\psi_m(x) = \sqrt{\frac{2}{L}} \cos\left(\frac{m\pi x}{L}\right), \quad \lambda_m = D \left(\frac{m\pi}{L}\right)^2.$$

It is known² that

$$\langle \phi^2 \rangle = \frac{16\gamma^2 g^2 L^4}{D\pi^6} \sum_{m \geq 1, \text{ odd}}^{\infty} \frac{T - \lambda_m^{-1} (3 - 4e^{-\lambda_m T/2} + e^{-\lambda_m T})}{m^6}.$$

One finds

$$\langle \phi^4 \rangle = \frac{32L^4}{\pi^8} \sum_{a \geq 1, \text{ odd}}^{\infty} \sum_{c \geq 1, \text{ odd}}^{\infty} \left(\frac{2I_{a,c}}{a^4 c^4} + \sum_{b \geq 2, \text{ even}}^{\infty} \frac{I_{a,b,c}}{a^2 c^2} \left[\frac{1}{(a-b)^2} + \frac{1}{(a+b)^2} \right] \left[\frac{1}{(b-c)^2} + \frac{1}{(b+c)^2} \right] \right),$$

where $I_{a,c}$ and $I_{a,b,c}$ denote tedious but piecewise solvable integrals:

$$I_{a,c} = \sum_{\text{perms } t_1, t_2, t_3, t_4} \int_0^T \int_0^T \int_0^T \int_0^T G(t_1) G(t_2) G(t_3) G(t_4) e^{-\lambda_a(t'_2 - t'_1)} e^{-\lambda_c(t'_4 - t'_3)} dt'_1 dt'_2 dt'_3 dt'_4,$$

and

$$I_{a,b,c} = \sum_{\text{perms } t_1, t_2, t_3, t_4} \int_0^T \int_0^T \int_0^T \int_0^T G(t_1) G(t_2) G(t_3) G(t_4) e^{-\lambda_a(t'_2 - t'_1)} e^{-\lambda_b(t'_3 - t'_2)} e^{-\lambda_c(t'_4 - t'_3)} dt'_1 dt'_2 dt'_3 dt'_4,$$

where this sum denotes permutations of $\{t_1, t_2, t_3, t_4\}$ mapped to the ordered set of integration variables: $t'_1 \leq t'_2 \leq t'_3 \leq t'_4$. For example, $\{t'_1, t'_2, t'_3, t'_4\} \rightarrow \{t_4, t_3, t_2, t_1\}$ implies $t_4 \leq t_3 \leq t_2 \leq t_1$. See [Figure 4](#) for κ_4/κ_2^2 and [Figure 5](#) for signal behavior. Figure data was truncated at $a, b, c, m \leq 101$.

Discussion/Conclusion

Results indicate the GPA is fragile, at least for this experiment. Considering the heuristic $\kappa_4/\kappa_2^2 \lesssim 0.1$, the GPA holds for $T/\tau_{\text{hop}} \gtrsim 18$, $\alpha \gtrsim 6$, and $L/\sqrt{DT} \gtrsim 20$ in each model, respectively, though the latter exhibits complicated intermediate behavior. Overall, κ_4/κ_2^2 is usually positive, and can become large for exchange-like behavior, as in Models 1 and 2.

This study, though limited to one-dimensional systems and one experiment, has wide-ranging implications. Importantly, it suggests that in permeable microstructure, the GPA may be violated. This is consequential, e.g., for DTI^{21,22} and TDS^{23,24} works in gray matter, which is known to abundantly express water channels.²⁵ Additionally, these results challenge the notion of motional averaging,^{2,9} as small $L/\sqrt{DT} \approx 0.1 - 2$ does not have near-zero κ_4/κ_2^2 via a central limit theorem argument, but rather negative κ_4/κ_2^2 . Consider that numerous multi-compartment signal models (e.g., CHARMED,²⁶ SANDI²⁷) make use of a motional averaging approximation.³

To conclude, novel analytical results for the excess phase kurtosis were derived, with cautionary implications.

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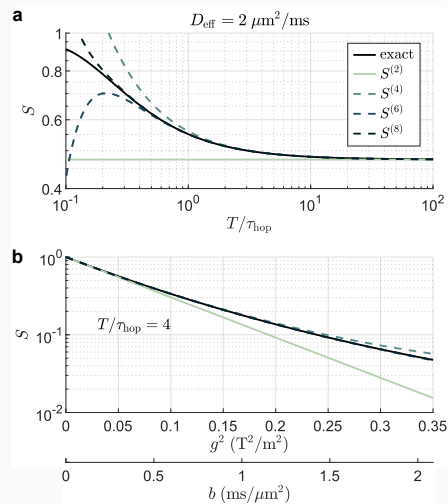


Figure 1: Signal for the Poisson pore-hopping model. (a) Signal vs. T/τ_{hop} . The exact signal (black) is compared to the GPA (light-green) and higher-order approximations (dashed). The effective diffusivity $D_{\text{eff}} = \Delta x)^2/2\tau_{\text{hop}}$ and $T=10\text{ms}$ were fixed. (b) Signal vs. $g^2 \propto b$ -value $= \gamma^2 T^3/12$ for fixed hop number (same legend). The GPA decays linearly.

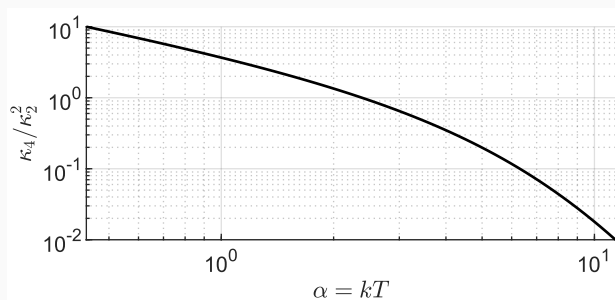


Figure 2: Excess phase kurtosis in the trapping-release model vs. $\alpha = kT$, with $T=10\text{ms}$ and $D=2\mu\text{m}^2/\text{ms}$. The released spin fraction is given by $1-e^{-\alpha}$. Note the roughly log-linear decay at small α , accelerating as $\alpha \gtrsim 5$. The GPA can be said to hold for $\alpha \gtrsim 6$ using the heuristic $\kappa_4/\kappa_2^2 \lesssim 0.1$.

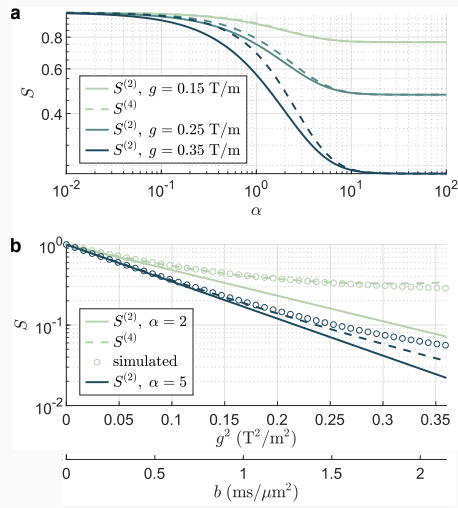


Figure 3: Signal for the trapping-release model with the same parameters as Figure 2. (a) Signal vs. α for various g (colors). Second- (solid) and fourth-order (dashed) approximations are shown. (b) Signal vs. g^2 or b for fixed values of α (colors). Data from Monte Carlo simulations (circles) are also shown. Note the sub-linear decay of simulated data and higher-order approximations, consistent with positive excess phase kurtosis.

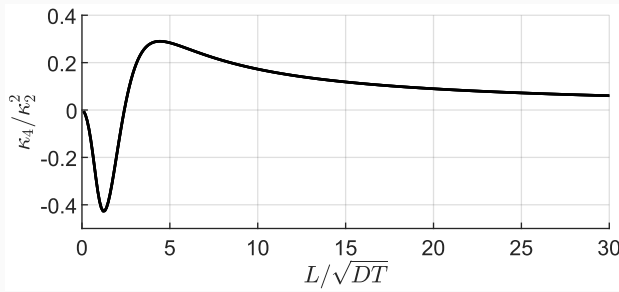


Figure 4: Excess phase kurtosis for restriction vs. L/\sqrt{DT} , with $T=10$; ms and $D=2$; $\mu\text{m}^2/\text{ms}$. Data were generated by truncating the eigensum at integer index 101. Note the negative and positive peaks at $L/\sqrt{DT} \approx 1.8$ and $L/\sqrt{DT} \approx 4.4$, respectively. The negative regime arises from truncated tails, while the positive regime arises from a central peak in $P(\phi)$ due to reflections.

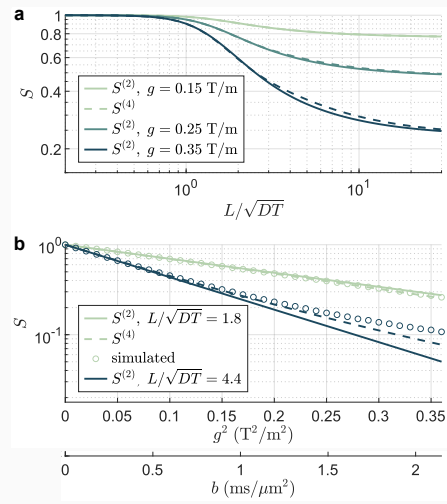


Figure 5: Signal for restriction with the same parameters as Figure 4. (a) Signal vs. L/\sqrt{DT} for various g . Second- (solid) and fourth-order (dashed) approximations are shown. (b) Signal vs. g^2 or b for fixed values of L/\sqrt{DT} (colors). Data from Monte Carlo simulations (circles) are also shown. Note for $L/\sqrt{DT} = 1.8$, corresponding to the negative regime in Figure 4, there is slight super-linear decay, consistent with negative excess phase kurtosis.