



Join the PregSource® Research Project

Turn Your Pregnancy Experience into Knowledge

The *Eunice Kennedy Shriver* National Institute of Child Health and Human Development and its partners created the PregSource research project to learn what pregnancy is really like. PregSource invites pregnant women to share what they are experiencing through a free, confidential website. This firsthand information will help researchers and healthcare providers understand pregnancy and learn how women experience motherhood.



Join today!
pregsource.nih.gov



You can use PregSource to:



Track your weight, sleep, nausea, physical activity, medications, and mood



Share updates with healthcare providers



Compare your pregnancy experiences with a nationwide community of women



Get expert health information from trusted sources

PregSource will ask questions about your:

- **Background** (such as age and education level)
- **Pregnancy experiences** (such as nausea or vomiting and changes in sleep patterns)
- **Overall health** (such as health problems you had before you were pregnant and any pregnancy-related problems)
- **Labor and delivery** (such as how long you were in labor)
- **Baby's health** (such as weight at birth and growth over time)

Here's what PregSource *won't* do:

- Sell or share your information—information is collected for research purposes only, and all personal information is kept confidential and secure
- Send you ads for pregnancy- or baby-related products or services
- Test any medical treatments—we are just collecting information

PregSource is open to all pregnant women ages 18 and older who can agree to participate (consent) for themselves. There is no cost to join, and you will not receive any money for participating. Joining PregSource is entirely your choice. Choosing to participate—or not—will not affect your healthcare.

Join PregSource today to advance research on pregnancy and to learn about the experiences of other pregnant women.

Your pregnancy. Your experience. Your care.
pregsource.nih.gov



Eunice Kennedy Shriver National Institute of Child Health and Human Development

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