



# PRGLAC Taskforce

## *Patient Perspective*

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## Patient Examples:

- Moms' who are taken off MH meds and self medicate themselves into an addiction.
- Lack of access to healthcare created a barrier to postpartum medications.
- “Doctor shopping” i.e. one doctor will monitor pregnant Mom on meds, while another will tell pregnant Mom “No meds”



## Taskforce can recommend:

- Helping women access evidence based treatments that are available.
- Scalable programs so that woman across the nation can actually access the evidence-based treatments (both psychotherapy and medication treatment) that are available.



## Taskforce can recommend:

- Need for provider training and support to provide evidence-based care
  - Take into account both risk of illness and also medication treatment.
- Bring attention to the fact that few drugs have been adequately evaluated in pregnancy and lactation.
  - Leaves patient in limbo



## Taskforce can recommend:

- An online tool that hosts all agency info related on medication safety i.e. database for pregnant and lactating moms.
  - Easily accessible for Moms and providers looking for info.



## QUESTIONS:

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