

Getting the Program Started

Time

15 minutes

Activity Overview

In this module, participants reflect on the facilitation style modeled by the trainers and discuss how this same style is used when facilitating the Media-Smart Youth program. In addition, participants receive tips for successfully delivering the curriculum based on experiences of past facilitators.

Activity Objectives

- ◆ Learn the best methods for delivering the program.
- ◆ Review resources that may be needed to implement the Media-Smart Youth program.

Materials Needed

- ◆ Flipchart paper, easel (if available), markers, masking tape

Trainer's Preparation

- ◆ Set up an easel at the front of the room with blank sheets of flipchart paper to write on during the discussion. If you don't have an easel, tape sheets of flipchart paper to the wall in a place where everyone can see them.

1. **SAY:**



Now that you have experienced several activities from the Media-Smart Youth curriculum, let's take a few minutes to reflect on the facilitation approach used in the program.

2. **ASK** participants:

- ◆ What facilitation style did you observe and/or experience in the Media-Smart Youth sessions we've done today?

LISTEN to ideas from participants. If necessary, **GUIDE** them to the following types of responses:

- Trainers modeled the behaviors they were teaching. For example, they ate the snack, participated in the *Action Break*, and did not bring in outside snacks/drinks (such as soft drinks) to consume during the training.
- The course included participatory/interactive sessions, such as brainstorming and small and large group discussions and activities.
- Sessions incorporated different learning approaches including auditory, visual, tactile, and kinesthetic.
- Open-ended questions created participant-led discussions.
- Skill-building activities enabled participants to “learn by doing.”
- The training created roles to keep participants engaged during the lesson.
- Contests/games enhanced interest and energy in the session.
- Diversity and culture were recognized and supported.
- Nonjudgmental behavior was key to all activities.
- Respect for sensitive issues was maintained throughout all activities.

3. **THANK** participants for their great ideas and insights about facilitating the program with young people. **ACKNOWLEDGE** the wealth of experience in the room, and **ENCOURAGE** group members to continue sharing strategies and ideas with each other when they facilitate Media-Smart Youth.

1. **TELL** participants that their folders include handouts called *Tips for Facilitating the Media-Smart Youth Program* and *Ideas for Implementation*. **HOLD UP** the handouts for everyone to see.
2. **EXPLAIN** to participants that the information in these handouts is based on information from past program facilitators and that the sheets offer helpful tips for delivering the curriculum. **ENCOURAGE** participants to review these handouts as they prepare for the workshop at their organizations.
3. **POINT OUT** other useful sheets in the folder, including the Media-Smart Youth fact sheet (if used) and the *Feedback Form* (if used), which will help you to gain feedback about this training.
4. **HOLD UP** the *Materials Checklist* also found in the folder. **EXPLAIN** that this checklist will help participants plan for their workshops as they gather supplies and materials, purchase *Snack Break* items and supplies, and finalize other important details, such as location, transportation, and equipment. **NOTE** that this checklist is also on pages F-2 to F-3 of the Facilitator's Guide.
5. **ASK** participants to discuss the checklist items in small groups and **EXPLORE** the following questions:
 - ◆ What items will you need to acquire in order to implement the program in your community?
 - ◆ What sources in your organization or community could you look to for support in getting the materials, supplies, and services?
6. **ALLOW** 3 minutes for participants to brainstorm and discuss their ideas. **TELL** participants when they have 1 minute left to finish their conversations.
7. **DEBRIEF** for 1 minute. **INVITE** participants to share some of their ideas with the larger group. **ASK** if anyone has any questions. **ANSWER** any questions.

1. **THANK** participants for their good ideas.

2. **SAY:**



You have terrific ideas for planning your program, and I know you will all be very successful! Remember that the handouts in your folder can help you get prepared.